

## **Franklin College Athletic Training Education Program Technical Standards**

Becoming an athletic training student requires the completion of a professional education program that is both intellectually and physically challenging. The purpose of these technical standards, set forth by the Athletic Training Education Program, are to articulate the demands of this program in a way that will allow students applying for admission into the program to compare their own capabilities against these demands. This document meets the requirements as outlined by the American Disabilities Act (ADA) of 1990. The ADA makes it unlawful to discriminate against individuals with disabilities.

Applicants to this program will be asked to certify their ability to complete the tasks, with or without reasonable accommodations, associated with performance as an athletic training student. Reasonable accommodation refers to the way in which Franklin College can assist students with disabilities to accomplish these tasks, i.e.: providing extra time to complete an examination, enhancing the sound system in a classroom or providing a push cart for a student who may not have the strength to carry a heavy item.

Reasonable accommodation does not mean that students with disabilities will be exempt from certain tasks; it does mean that the athletic faculty/staff will work with students with disabilities to determine whether there are ways to assist the students towards completion of these tasks.

Students accepting a position in the program who indicate they can complete these tasks, with or without reasonable accommodation, are not required to disclose the specifics of their disabilities until after acceptance into the program. After acceptance into the program, a student with disabilities who wishes reasonable accommodation must make a formal request to the Athletic Training Education Program Director and must be prepared to provide documentation substantiating the claimed disability. A student may be administratively withdrawn if it becomes apparent that the student cannot complete essential tasks even with accommodation, that the accommodations needed are not reasonable and would cause undue hardship to the institution, or that fulfilling the functions would create a significant risk of harm to the health or safety of others.

Students who have questions about this document or who would like to discuss specific accommodations should make an inquiry both with the Franklin College Affirmative Action Officer and the Athletic Training Program Director.

### **Candidates for selection to the Athletic Training Education Program, and if selected during the program, must:**

1. meet class standards for course completion throughout the curriculum.
2. be able to read, write, speak, and understand English at a level consistent with successful course completion, having the ability to communicate with athletes and successfully complete medical records.
3. complete readings, assignments and other activities outside of class hours.
4. gather decision-making pieces of information during an injury assessment activity in class or in the clinical setting without the use of an intermediary such as a classmate, Graduate Assistant or certified athletic trainer.
5. perform treatment and rehabilitation activities in class or in the clinical setting by direct performance or by instruction and supervision of intermediaries.
6. apply critical thinking processes to their work in the classroom and in the clinical setting, and must exercise sound judgment in the class and in the clinical setting and must follow safety procedures established for each class and clinical setting.
7. maintain personal appearance and hygiene conducive to the classroom and clinical setting.

8. annually pass a cardiopulmonary resuscitation (CPR) course at the health professional level.
9. annually complete OSHA-regulated Blood borne Pathogen Exposure Training and complete the Hepatitis B Vaccine series or have a written denial on file.
10. typically sit for 2-10 hours daily in the classroom, stand for 1-2 hours daily at a field experience and must be able to ambulate 10 yards at 2 miles per hour indoor or outdoor over rough terrain.
11. frequently lift less than 10 pounds and occasionally lift between 10-20 pounds overhead.
12. occasionally carry up to 25 pounds while walking 10-20 feet.
13. frequently twist, bend, stoop and kneel on the floor up to 15 minutes.
14. frequently move from place to place and position to position and must do so at a speed that permits safe handling of classmates and injured athletes.
15. frequently stand and walk while providing support to an injured athlete.
16. use auditory, tactile, and visual senses to receive classroom instruction and to evaluate and treat injured athletes.
17. often work within an electrical field.
18. have 20/40 corrected vision to correctly see activities across the field, court or mat.
19. have basic neurological function to perceive hot, cold, change in contour of surface/body part and to maintain 10 pounds of grip strength for 30 seconds.
20. frequently need bladder, bowel, and emotional control for 1-2 hours.
21. possess the ability to make and execute quick, appropriate and accurate decisions in a stressful environment.
22. be able to assimilate, analyze, synthesize, integrate concepts and problem solve to formulate assessment and therapeutic judgments and to be able to distinguish deviations from the norm.
23. have sufficient postural and neuromuscular control, sensory function, and coordination to perform appropriate physical examinations using accepted techniques; and accurately, safely, and efficiently use equipment and material during the assessment and treatment of patients.
24. be able to communicate effectively and sensitively with patients and colleagues, including individuals from different cultural and social backgrounds; this includes, but is not limited to, the ability to establish rapport with patients, communicate judgments and treatment information effectively.
25. be able to record the physical examination results and a treatment plan clearly and accurately.
26. have the capacity to maintain composure and continue to function well during periods of high stress.
27. have the perseverance, diligence and commitment to complete the athletic training education program as outlined and sequenced.
28. be flexible and have the ability to adjust to changing situations and uncertainty in clinical situations.
29. demonstrate affective skills and appropriate demeanor and rapport that relate to professional education and quality patient care.

Candidates for selection to the Athletic Training Educational Program will be required to verify they understand and meet these technical standards or that they believe that, with reasonable accommodations, they can meet the standards. The institution's Affirmative Action Officer will work with the athletic training student and program to implement reasonable accommodations as recommended by health care providers.

It is the policy of Franklin College that all opportunities are to be made available to qualified individuals on the basis of merit and without discrimination against any employee, applicant for employment, student, or applicant for admission because of race, color, religion, gender, disability, age, national origin, or sexual orientation.

I certify that I have read and understand the technical standards for selection listed above, and I believe to the best of my knowledge that I meet each of these standards without accommodation. I understand that if I am unable to meet these standards, I will not be admitted into the program.

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Signature of Franklin College ATEP candidate

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Date

**Alternative statement for students requesting accommodations.**

I certify that I have read and understand the technical standards of selection listed above and I believe to the best of my knowledge that I can meet each of these standards with certain accommodations. I will contact both the College's Affirmative Action Officer and the Athletic Training Program Director to determine what accommodations may be available. I understand that if I am unable to meet these standards with or without accommodations, I will not be admitted into the program.

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Signature of Franklin College ATEP candidate

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Date